

The
Norfolk Mead



Treatment Rooms

Temporary Menu Summer 2020

Monday to Sunday, 10am to 7pm

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relax@norfolkmead.co.uk

Welcome to our temporary Treatment Menu.

We have devised the safest treatments for you during the current circumstances.

We will be slowly introducing the rest of our treatments as soon as it is safe to do so.

Please note that there is a slight price increase for additional personal protective equipment to protect you and our therapists.

Our cancellation policy does not apply if you are displaying symptoms or have been with another person who is displaying symptoms of COVID-19.

Please let our team know as soon as possible and we will carefully reschedule your appointment.

Thank-you for your understanding.



With something to suit everyone, our face and body ranges from The Natural Spa Factory are crafted using the best that nature provides – totally free from parabens, preservatives and animal testing!

Massage Treatments

Aromassage

♥ Norfolk Mead Favourite

Relax, calm or invigorate your senses with our custom-made massage.
Pick from three blends of essential oils and pressure to suit your needs.

30-minute treatment £39
60-minute treatment £53

Deep Tissue Massage

For those of you that need a little more, let us work deep down to release stubborn knots and muscle tension.

30-minute treatment £41
60-minute treatment £59

Pregnancy Treatments

Baby on Board

Pregnancy is a special time but it's a massive undertaking for your muscles and skin. Our gorgeous 'Bumps a daisy' range and beautifully gentle treatments have been fully tested and are completely baby-safe between 12 to 32 weeks of pregnancy.

Baby on Board 30

Enjoy a deeply relaxing back of body and 'bump' massage using our specially formulated 'Bumps a daisy' body oil. Perfect for increasing skin elasticity and firmness and preventing or reducing stretch marks.

30-minute treatment £41

Pre-Natal Pedi

60-minute treatment £36

Men's Treatments

Deep Tissue Massage

30-minute treatment £41

60-minute treatment £59

Macho Manicure or Pedicure

30-minute treatment £26

Bridal Packages

Bridal Shower Package

Enjoy a glass of Prosecco on arrival in your own private seated area. Choose from either a 30-minute Aromassage, seasonal Body Scrub, mini Pedicure or mini Manicure.

Finally, relax all together with our signature Afternoon Tea.

*Not available on Sundays. Treatments available two guests at a time. Our seven day cancellation policy applies for a booking with four or more people.

30-minute treatment £55 per person

Bridal 'Prep' Packages

The Finishing Touch

Includes our gel Manicure for your hands and with our signature Fig & Vanilla Pedicure with a gel polish for your toes.

120-minute treatment £69

Hand & Feet Treatments

Mini Fig & Vanilla Manicure or Pedicure

Includes nail shape, cuticle tidy and application of colour.

30-minute treatment £24

Signature Fig & Vanilla Manicure or Pedicure

Includes a softening soak, expert exfoliation and rough skin buff, all wrapped up in our signature Fig & Vanilla scented lotion. Also includes a nail shape, cuticle tidy and application of colour.

45-minute treatment £36

Deluxe Honey Gold Pedicure ♥ Norfolk Mead Favourite

Plunge your tired soles in our luxurious warming foot bath and enjoy a skin smoothing salt scrub. Then, sit back and relax with our super-hydrating, honey scented massage. We will cocoon your feet in warm booties whilst you drift away with our optional mind-melting scalp massage – it's the ultimate skin-softening treat. Also includes nail shape, cuticle tidy and application of colour.

60-minute treatment £46

Deluxe Illuminating Manicure

Replenish and renew dry, hard-working hands. Our Illuminating product range will help to reduce the appearance of pigmentation and age spots with its skin-brightening effect. Includes a light exfoliation, relaxing hand & arm massage, finished off with our toasty mittens. Also includes nail shape, cuticle tidy and application of colour.

60-minute treatment £46

*Upgrade any 45-minute+ manicure or pedicure to include Shellac gel polish for £10.

CND Shellac Gel Manicure or Pedicure 45-minute treatment £34

CND Shellac Gel Removal & Reapplication 60-minute treatment £38

CND Shellac Duo – Manicure & Pedicure 90-minute treatment £58

Gel Removal & Express Manicure/Pedicure *Polish not included 30-minute treatment £22

Post-Gel Revival Manicure

Every now and again it's time to take a break from gel polish. In this 'magic-mani' we will restore, hydrate and repair your nails back into shape until you're ready to start again with gel polish.

Perfect to have in-between gel manicures. Normal nail polish included in this treatment.

60-minute treatment £36

Eye Enhancement Treatments

Eyebrow Tint 15-minute treatment £11.50

Eyelash Tint 30-minute treatment £16.50

Eyebrow Wax & Tint 30-minute treatment £21

Eyebrow & Eyelash Tint 30-minute treatment £26

Eyelash Lift 60-minute treatment £34
With Eyelash Tint £40

*A patch test is required for all eye enhancement treatments at least 24 hours prior to your first treatment.

Waxing Treatments

Eyebrow Wax	15-minute treatment	£11.50
Lip or Chin Wax	15-minute treatment	£11.50
Lip & Chin Wax	30-minute treatment	£16.50
Underarm Wax	15-minute treatment	£13.50
Bikini Line Wax	15-minute treatment	£16.50
Half Leg Wax	30-minute treatment	£19.50
Full Leg Wax	45-minute treatment	£28
Full Leg & Bikini Line Wax	60-minute treatment	£37
Back or Chest Wax	30-minute treatment	£21
Back & Chest Wax	60-minute treatment	£36
Women's Intimate Hot Waxing*	60-minute treatment	£33

*Some waxing treatments can be carried out using hot wax. Please ask therapist for details upon booking if required.
Please note that this will incur an extra charge.

Packages

Afternoon Tea & Treat Norfolk Mead Favourite

Choose from either a 30-minute seasonal Body Scrub, Aromassage, mini Pedicure or mini Manicure, finished off with our signature Afternoon Tea. (Includes selection of sandwiches, cakes and scones with tea or coffee – served Monday-Saturday 2-5pm & Sunday 4-5pm.)

30-minute treatment £51 per person
Upgrade to 60-minutes £16 per person

Sunday Lunch & Treat

Choose from either a 30-minute seasonal Body Scrub, Aromassage, mini Pedicure or mini Manicure, completed with a two-course A la Carte Sunday lunch (served 12pm-2.30pm).

30-minute treatment £59 per person
Upgrade to 60-minutes £18 per person

The Overnight Indulgence

Indulge yourselves with a two-course dinner followed by a relaxing stay in one of our deluxe rooms for two. Then rise and shine for a delicious full A la Carte breakfast, not forgetting to unwind in your 60-minute Aromassage.

60-minute treatment £315 per couple
*£35 surcharge on a Saturday

Terms & Conditions

Please make our Therapists aware of any medical ailments or treatment that you may be undergoing or have undergone in the last five years, as this may affect your treatment.

Please give 48 hours' notice for any cancellation or a 50% charge will be incurred. If less than 24 hours' notice is given, this will result in a 100% charge for your booking. Please give seven days' notice for any group bookings with four people or more or for a booking of 120 minutes or longer or a 100% charge will be incurred.

Our cancellation policy also applies for amending treatments or packages to a lower value or shorter treatment time than originally booked. Please note that our cancellation policy does not stand in cases of COVID-19 symptoms. If you are displaying symptoms or if you have been around someone that is displaying symptoms, then please let our team know as soon as possible and we will safely reschedule your appointment without a charge.

For more information on any of our treatments feel free to visit our website norfolkmead.co.uk

Gift vouchers also available